



San Diego Sweetheart Classic

February 11-12, 2023

Competition for Synchronized Skating

Hosted by:

All Year Figure Skating Club

Sanctioned by U.S. Figure Skating

Entry Deadline: January 15th, 2023

The Rinks Poway ICE

12455 Kerran Street, Suite 100

Poway, CA 92064

(858) 956-0045



Competition Information

Welcome to the 2023 San Diego Sweetheart Classic. San Diego Sweetheart Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

AGE RESTRICTIONS/ELIGIBILITY/TEST LEVEL:

All competitors must be eligible persons and members in good standing of U.S. Figure Skating by the close of entries.

ELIGIBILITY/TEST AND AGE REQUIREMENTS:

This competition is open to all synchronized teams comprised of members who are eligible as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club, or an individual member in accordance with the current U.S. Figure Skating Rulebook. Refer to the current rulebook regarding eligibility of non-U.S. citizens.

- Moves in the field test requirements are as of the entry deadline.

COMPETITION REGISTRATION:

- **Entry deadline: January 15th, 2023, at 11:59pm PT**
- **All team requirements must be met by close of entries.**

ENTRIES:

Entries must be submitted online via Entryeeze (www.entryeeze.com) by midnight (PDT) January 15th, 2023. All Year FSC requires “on-line” entry. Entries will be accepted online via EntryEeze with credit card only. Each transaction includes a credit card fee. Processing fees are not refundable, even if the event is canceled or team withdraws before close of entries. For questions or concerns, please contact Courtney Walker for assistance (cwalker@therinks.com). Credit Card Disputes: All Year FSC reserves the right to charge an additional fee of \$40.00, in addition to the entry fee to resolve any disputes to the credit card charge.

Registration Deadline:

11:59PM (PDT) – January 15th, 2023. Registrations will only be accepted at the discretion of the LOC and will be subject to a \$55 late fee.

Mandatory Athletes:

Athletes age 18+ as of the competition start date who will be competing on a team (ie: dance, pairs, etc...) with at least one minor athlete must complete SafeSport training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

REFUND POLICY:

Entry fees will not be refunded after January 15th, 2023, unless no competition exists, or the event is canceled. There will be no refunds for medical withdrawals.

SCHEDULE:

Competitors may be scheduled on any day or time for the announced dates of the competition. Notification of competition and practice ice times will be available by email and on Entryeze and on the AYFSC website links (<http://www.allyearfsc.com>). This will be considered sufficient notification of the scheduled events.

FACILITIES:

The competition will be held at the The Rinks Poway ICE, 12455 Kerran Street Suite 100 Poway, CA 92064. The ice surface is approximately 85' x 200', slightly rounded at the corners. The arena has restrooms, cafe, pro shop and free parking. There are restaurants within driving distance of the arena.

REGISTRATION and MUSIC:

A registration desk will be set up in the entrance area of The Rinks Poway ICE during the Competition. All skaters are required to register a minimum of 45 minutes prior to the scheduled time for each event or segment.

For the San Diego Sweetheart Classic, online music submission is the ONLY acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "Competition" tab and then selecting "My Music." Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate!

Deadline for uploading MUSIC is January 29th , 2023

The uploaded program music MUST conform to the following specifications:

- | | |
|----------------------|--|
| Programs per file: | One [1] - Only one piece of competition program music (eg. short program, free skate, short dance, free dance, etc.) per file is allowed. |
| File Format: | mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III). Simply changing the file extension to "mp3" from another file format is not acceptable. |
| Bit Rate: | 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted). |
| Maximum file size: | 10 MB |
| Maximum run time: | Five [5 minutes] |
| ID3 Metadata [tags]: | None - The Chief Music Coordinator strongly recommends that mp3 files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES! |
| Maximum leader: | Two [2] seconds] - The leader is the silence between the start of the track and the actual start of the program music. The Chief Music Coordinator recommends that there be NO leader. |
| Maximum trailer: | Two [2] seconds] - The trailer is the silence between the end of the program music and the end of the actual track. The Chief Music Coordinator recommends that there be NO trailer. |

Backup Music at Event [CDs]

In addition to submitting the music online, all competitors/teams must also have at least one [1] backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event or official practice. CDs must meet the following requirements:

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are NOT acceptable.
- Clearly marked with a permanent marker, (eg: Sharpie, do NOT use a label or tape) as follows: First Name, Last Name, Event, Event Segment and Music Length, (eg: Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10)
- Each CD may have only ONE [1] music track on it. Any disc with more than one [1] track is NOT acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two [2] seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs. PLEASE, no CD-RWs!!

The LOC, competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Penalty for Incorrect Music or Failure to Upload Music

The LOC may assess each competitor/team an additional charge, up to \$35.00 per event segment, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate). In the event the LOC decides to assess a penalty, the competitor/teams will not receive their credentials at registration until they pay the penalty fee and turn in their music on CD, conforming to the requirements above.

PLANNED PROGRAM CONTENT (PPC):

Competitors participating in IJS events must submit PPC via EntryEeze no later than **January 29th, 2023; 11:59PM PT**. After this date, skaters will be subject to a \$35 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline.

LIABILITY:

U.S. Figure Skating, All Year FSC and The Rinks Poway ICE accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

LOCKER ROOMS AND CHANGING AREAS:

Please click [here](#) to review SkateSafe Locker Room and Change Area Policy: Due to security issues, there will be no changing areas provided. There will be locker rooms, with the doors open at all times, for storage of skates, equipment and props.

PRACTICE ICE:

Depending on the number of applicants, practice ice for the competition may be offered. If offered, final details for scheduling practice ice will be made available to competitors through Courtney Walker. (Approximate Sales opening date: January 30, 2023) Music may be played on team purchased private Practice Ice (team manager or coach may play music).

Practice Ice Fees are NON-REFUNDABLE AND NON-TRANSFERABLE. For questions regarding practice ice, please contact Courtney Walker – Cwalker@therinks.com

PHOTOGRAPHY/VIDEOGRAPHY:

Coronado Video (<http://coronadoproductions.tripod.com>) will be the official videographer. A professional photographer (<http://cynthiaslawterphotography.com>) for award and action photographs will be at the rink. All other videotaping and photography is restricted to hand-held battery operated equipment, without tripod. No photography or videotaping, except by the official photographer, without the express permission of the person being photographed or videotaped is allowed. Solicitation by any photographer, or agent, of anyone to be the subject of still or video photography is not permitted. NO FLASH PHOTOGRAPHY DURING THE EVENTS IS ALLOWED.

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own team is strictly prohibited.

RESULTS:

Results will be available, on-line, through a link that will be provided at the competition, at the end of each event. Additionally, results will be available on the All Year FSC website (www.allyearfsc.com) as soon as possible after the competition.

AWARDS:

Awards will be presented for the first four placed teams in each event level/group. There will be no Final Rounds at this event.

OFFICIAL NOTICES:

An official posting area will be maintained inside the lobby area of the arena. The official schedule of events will be posted on Entryeze and the All Year FSC website (www.allyearfsc.com). It is the responsibility of each competitor, parent and coach to check the bulletin board and websites listed above frequently for any schedule changes and/or additional information. During the competition, updates will be posted through the on-line portal and will supersede all other schedules. Notices posted on the All Year FSC website will be considered sufficient notice to all skaters. No schedules will be mailed. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted as noted above prior to the competition.

ADMISSION:

No admission will be charged to the general public for viewing the competition.

COMPLIANCE AND CREDENTIALING:

Each team will receive a maximum of four coach credentials and two team service personnel credentials, as well as one credential for each skater on the competition roster. To receive a credential at the competition, team personnel (coaches and team service personnel) and any mandatory athletes must meet all compliance requirements for the current season.

All team personnel and skaters who will need to receive a credential must be listed in the Team Portal for the competition (Team Personnel for coaches and team managers; Competition Roster for skaters and alternates).

The local organizing committee/club will have a list of team personnel who are cleared for a credential at the competition. Team personnel will need to check in at the event registration desk and show a government issued photo ID to receive a credential. Team personnel who are NOT on the list will need to show proof of compliance, as required by your role with the team, and a photo ID at check-in.

If a team personnel cannot provide a photo ID and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all team personnel to have their compliance cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events, including practice sessions. Non-credentialed team personnel will not be permitted in any team designated areas.

The local organizing committee/club will also have a list of mandatory athletes who are cleared for a credential at the competition. Mandatory athletes will not be required to check-in independently from the team, but the athletes' credentials should be pulled, and the team flagged for review at check-in. Any mandatory athlete that cannot provide proof of SafeSport completion will not be allowed a credential or participation in the competition – no exceptions. We strongly urge all team managers and mandatory athletes to maintain a copy of proof of compliance with them at the time of check-in.

INFORMATION REGARDING COACHES:

In order to be considered compliant, coaches must identify as a coach within their [Members Only](#) profile and complete the following ten requirements by July 1 of each year (July 1, 2022):

- U.S. Figure Skating Full Membership (either through a member club or as an individual)
- Completion of the U.S. Center for SafeSport's online SafeSport™ Training
- Successfully pass a bi-seasonal background check (includes automatic recheck at the 12- month mark)
- Agree to the U.S. Figure Skating Code of Ethics
- Verification of liability insurance
- Completion of CER Courses (administered via PSA)
- Agree to Waivers and Release
- Agree to Medical Consent
- Agree to Name and Likeness Release
- PSA Membership (if coaching in qualifying competitions)

Coaches who have completed their compliance requirements are advised to have a copy of their membership and compliance cards with them at all sanctioned activities and events. Click [here](#) for full chart.

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at this competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing. For more information regarding Coach Compliance, please visit: <https://www.usfigureskating.org/support/coach/coach-compliance> Click [here](#) for full chart.

EVENTS OFFERED AND ENTRY FEES: To see the current synchronized skating handbook/technical information and current ISU communications: CLICK [HERE](#). For Synchronized Skating Team definitions, CLICK [HERE](#).

Aspire Synchro events will be run in accordance with the Learn to Skate USA Compete USA Manual (a maximum of 6 teams per group). For Aspire levels, teams may choose to skate up one level if they would like more of a challenge.

[Click HERE to view the program requirements for the current season.](#)

Event Offered	Judging System	Team Fee	Skater Fee
Snowplow Sam	6.0	\$325	\$0
Aspire Beginner	6.0	\$325	\$0
Aspire Pre-Preliminary	6.0	\$325	\$0
Aspire Preliminary	6.0	\$325	\$0
Event Offered	Judging System	Team Fee	Skater Fee
Open Collegiate	6.0	\$365	\$0
Open Adult	6.0	\$365	\$0
Open Masters	6.0	\$365	\$0
Event Offered	Judging System	Team Fee	Skater Fee
Preliminary	IJS*	\$530	\$0
Pre-Juvenile	IJS	\$530	\$0
Open Juvenile	IJS	\$530	\$0
Juvenile	IJS	\$530	\$0
Intermediate	IJS	\$530	\$0
Novice	IJS	\$530	\$0
Junior Combined (Short & Free)	IJS	\$1,100	\$0
Senior Combined (Short & Free)	IJS	\$1,100	\$0
Collegiate	IJS	\$530	\$0
Adult	IJS	\$530	\$0
Masters	IJS	\$530	\$0

REFEREE	ACCOUNTANT	COMPETITION Co-CHAIR	COMPETITION Co-CHAIR
Carylyn Landt	Jayne Rendel	Doug Williams	Courtney Walker
clandt@ucsd.edu	jaynerendel66@yahoo.com	glidnby@yahoo.com	cwalker@therinks.com

OFFICIAL HOTEL

The Official Hotel for Sweetheart of San Diego Classic is the Hampton Inn & Suites San Diego-Poway. A group rate of \$159 per night has been negotiated. Click [HERE](#) for booking link.

AIR TRAVEL

Airport: San Diego International Airport [SAN Official Site | Welcome to San Diego International Airport](#)